

Edwin H. Greene Intermediate Menu - 2016-17

Meal Prices:

Breakfast - \$1.50 or \$0.30 Reduced
Meal comes with 2 sides & milk
Lunch - Regular - \$2.75; **Super** - \$3.00
Reduced - \$0.30 (any tier)
**Tier depends on entrée selected;
All tiers come with 3 sides & milk*

Make it a Meal:

Both for breakfast & lunch, to get the MEAL rate students must select at least 1 serving (1/2 cup) of fruit, 100% juice or vegetable and have 3 items on tray.

Eligible for Free or Reduced-Price Meals?

You are eligible for 1 breakfast & 1 lunch each school day! Students may select any tier entrée, but must add a serving of fruit or veg. at both meal times.

Apply online for meal benefits:

<https://onlinemealapp.sycamoreschools.org/sdms2>

OR

It can be found on our website:
www.sycamoreschools.org/CNS



Follow us on Twitter!
[@sycamoreCNS](https://twitter.com/sycamoreCNS)

Menu subject to change due to availability of food.

USDA is an equal opportunity provider.

Weekly Cycle Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Breakfast - \$1.50; \$0.30 Red.	Pancakes or French Toast	Egg & Cheese Omelet	Mini Cinni's	Blueberry or Orig. Pancake on a Stick	Breakfast Sandwich
Grab-N-Go Cart: <i>Before School & at 2nd Chance Bfast</i>	Grab-N-Go Entrée Choices: Assorted Cereal Yogurt Breakfast Bars String Cheese Muffins Banana Bread Toaster Pastry Bagel Squares		Students can select 1 Hot or 2 grab-n-go Entrees, 1-2 fruit Sides & Milk	Daily Fruit Choices: Fresh, Whole Cut, Cupped 100% Juice	Daily Milk Choices: FF White; 1% White Fat Free Choc. & HFCS Free FF Choc.
Lunch Entrees Main Zone: \$2.75	Chicken & Mac N Cheese: <i>Assorted Chicken, varies weekly</i>	Pasta Bar: <i>Choices: Marinara w/ meatballs; meat sauce; Cincy chili</i>	Build a Burrito: <i>Meat: Chicken, Beef Grain: Corn Chips or Flour Tortilla</i>	Brunch For Lunch: <i>Waffles, French Toast or Pancakes WITH Egg or Turkey Patty</i>	Specialty Sandwich <i>Grilled Cheese; Chicken BLT; Loaded Burger; Pulled Pork</i>
Hot Spot: Reg. - \$2.75 Super - \$3.00	Hamburger/Cheese Chicken Patty on Bun	<i>Hot Dog on a bun Spicy Chicken On Bun</i>	<i>Ham & Cheese Pocket Grilled Chicken on Bun</i>	Quesadilla Chicken Patty On Bun	<i>Fish Filet Sandwich Spicy Chicken on Bun</i>
Pizza Place - \$3.00	Bosco Stix w/ Sauce	Primo Cheese Pizza	<i>Stuffed Crust Pizza</i>	<i>Primo Cheese Pizza</i>	French Bread Pizza
Fast-n-Fit: \$2.75 Super - \$3.00	PBJ & String Cheese Veggie Wrap	Moo Meal Chicken Ranch Wrap	<i>Yogurt Parfait & Muffin Chipotle Ranch Wrap</i>	<i>PBJ & String Cheese BLT Turkey Wrap</i>	<i>Yogurt Parfait w/ Muffin Hummus & Pita Meal</i>
Garden to Plate: <i>*Salad Bar Meal Offered Daily \$3.00</i>	Daily Salad Bar: Romaine, Baby Spinach & Veggie toppings such as tomatoes, cucumbers, carrots, black beans and more offered as a side item, OR as a base to build your own salad entrée! Hot vegetables are also offered daily! Salad Meal: Protein- Black Beans; Diced Chicken; Egg; Cheese Grain- Banana Bread; Apple Cherry Crunch Bar; Muffin 3 sides come w/ Meal Purchase Fruit- Offered daily on the salad bar <i>*Low Fat dressings will be available daily</i>				

August					September					October					November					December						
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F		
		17A	18B	19C																						
22D	23E	24A	25B	26C	5	6D	7E	8A	9B	10B	11C	12D	13E	14A	7E	8A	9B	10C	11D	5B	6C	7D	8E	9A		
29D	30E	31A			12C	13D	14E	15A	16B	17	18B	19C	20D	21E	14E	15A	16B	17C	18D	12B	13C	14D	15E	16A		
Aug 17 - First day for preK, All students 1-9, New students 10-12					19C	20D	21E	22A	23	24A	25B	26C	27D	28	21E	22A	23	24	25	19B	20C	21D	22	23		
Aug. 18 - First day for students grades 10-12					26B	27C	28D	29E	30A	31E						28B	29C	30D				26	27	28	29	30
Aug. 20 - First day Kdg.					Closed: Sept. 5 - Holiday Sept. 23 - Closed/Prof. Dev. Day					Oct. 11 - Waste Less Lunch Closed: Oct. 17 (all) & Oct. 28 (K-8 only)					Closed: Nov. 23 - Conferences; Nov. 24-25 - Thanksgiving Recess					Dec. 20 - Waste Less Lunch Closed: Dec. 22-Jan. 4 - Winter Break						
January					February					March					April					May						
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F		
2	3	4	5E	6A			1C	2D	3E			1B	2C	3D	3E	4A	5B	6C	7D	1C	2D	3E	4A	5B		
9B	10C	11D	12E	13A	6A	7B	8C	9D	10E	6E	7A	8B	9C	10D	10E	11A	12B	13C	14	8C	9D	10E	11A	12B		
16	17B	18C	19D	20E	13A	14B	15C	16D	17E	13E	14A	15B	16C	17D	17	18D	19E	20A	21B	14C	15D	16E	17A	18B		
23A	24B	25C	26D	27E	20	21A	22B	23C	24D	20	21	22	23	24	24C	25D	26E	27A	28B	22C	23D	24E	25A			
30A	31B				27E	28A				27E	28A	29B	30C	31D	April 11 - Waste Less Lunch					May 25 - Last day for students						
Break. Closed: Jan. 16 - Holiday					Closed: Feb. 20 - Holiday Feb. 28 - Waste Less Lunch					Closed: March 20-24 - Spring Break					Closed: April 14 (Spring vacation day) & 17 (Prof. Dev.)											
EHG has a weekly cycle menu. Specials are coded daily A-E; Bold days refer to 1st & last day of school; Gray color square indicates no school for students.																										