

**SYCAMORE JUNIOR
HIGH SCHOOL**

*Clubs and
Activities*

2022-2023



CLUBS and ACTIVITIES

2022 - 2023

Clubs and activities do not begin until several weeks after school resumes. Dates and times of initial meetings will be announced several days ahead of time so students have the opportunity to attend the first meeting. If a student is interested in forming a club, see Dr. Rea.

<p><u>ART CLUB</u></p>	<p>All students who have an interest in art are welcome to bring their creativity to Art Club. One of the main endeavors of Art Club is to create various art projects for the school and give back to the community through art. There will also be the opportunity for students to create their own personal artwork.</p> <p>SPONSOR: TBD</p>
<p><u>BOY CHOIR</u></p>	<p>Boy Choir is open to any boy at Sycamore Junior High School. The choir meets on Thursdays (sometimes on Tuesdays) from 7:15 to 7:55 a.m. The choir performs at every vocal music concert at Sycamore Junior High, as well as Music in the Parks competitions. They perform a wide variety of literature and enjoy donuts at every rehearsal. Boys are required to purchase a specially made shirt and tie.</p> <p>SPONSORS: <u>Deborah Stein and Jesse Callahan</u></p>
<p><u>FIRST Tech Challenge (FTC) Robotics Team</u></p>	<p>Are you interested in STEAM (science, technology, engineering, arts, and math)? You'll delve into all aspects of STEAM with FTC robotics. Participation involves three components:</p> <ul style="list-style-type: none"> • Build and program an autonomous robot to score points on a thematic playing surface. • Research innovative solutions to a problem and present the solutions to a panel of judges. • Learn core values such as “cooperation” and “gracious professionalism.” <p>Teams comprised of 15 students will compete at an in-house practice robot run as well as 2-3 progressive competitions. FTC will run all year depending on competition advancement, with weekly after-school meetings lasting 2-3 hours.</p> <p>Cost is \$150 (for one-time registration) or \$175 (which includes late fee if you register after May 30, the Sycamore Robotics Booster’s Spring deadline).</p> <p>SPONSORS: Jessie Hartley and Kim Jarvis</p>

<p><u>FRENCH CLUB</u></p>	<p>The goal of French Club is to celebrate French and francophone cultural practices, perspectives & products. Students will celebrate French holidays, culture, trivia, and games. The types of activities may include crafting mardi gras masks, sampling French cuisine such as cheese or chocolate fondue, discovering French & francophone music by creating a playlist and singing French songs, interacting with native speakers, and playing cultural games or bingo based on cultural vocabulary/language. The meetings foster an enthusiastic and safe space for students to connect and engage with the culture and language in a meaningful and positive way while extending their learning and cultural awareness in a relaxed atmosphere outside the classroom.</p> <p>SPONSOR: <u>Leah Hunt</u></p>
<p><u>INTER-NATIONAL CLUB</u></p>	<p>The primary goal of the International Club is to celebrate our differences! Through the International Club, students will explore different cultures to broaden their cultural horizon to be a responsible member of the ever-changing diverse global community. The club also provides opportunities for the students who have various backgrounds to preserve and share their heritage cultures with others by planning and making presentations, participating in cultural activities planned by the club members and the sponsor, and interacting with the community members from different cultures. The types of activities include, but are not limited to cultural presentations, culture-specific crafts, culture-specific games, culture-specific food sampling, mini language lessons, or discussions.</p> <p>SPONSOR: <u>Mika Wolfford</u></p>
<p><u>INTRA-MURAL BASKETBALL</u></p>	<p>Looking for a less competitive, non-cut option? Intramural basketball is a great way to get exercise and play with friends. Sign-ups usually occur in late November with the season lasting from December - February. Practice/games are played on Saturday morning.</p> <p>SPONSOR: <u>Jennifer Buckner</u></p>
<p><u>INTRA-MURAL GOLF</u></p>	<p>Intramural golf consists of golf instructional groups who meet twice per week in April, and are open to any student who did not play on the school golf team. Sign ups will occur after spring break through Google classroom. Golf clubs are provided, but students can choose to bring their clubs to school. The sessions include golf instruction, plenty of practice, and learning how to properly play this awesome lifetime activity. All sessions are scheduled to be held on the SJH campus. Depending on enrollment, we may have a field trip to a local driving range, with a \$6.00 range fee. Groups are limited to 12 golfers and are filled on a first-come, first-served basis</p> <p>SPONSOR: <u>Lisa Meyer</u></p>

<p><u>JAZZ ENSEMBLE</u></p>	<p>Junior high jazz ensemble is an opportunity for band and orchestra students to experience playing a variety of jazz styles and learning about improvisation. Membership in the group is open to any band or orchestra student.</p> <p>SPONSOR: <u>Jordan VonWahlde</u></p>
<p><u>MATH CLUB</u></p>	<p>Math Club meets every Wednesday from 3:15-4:00 P.M. It is a great place to make new friends, have FUN, and share your love for math with others. Anyone can join. Members will compete in various competitions (inside and outside of school), and 10 will be selected for a position on the MathCounts team. The MathCounts Team will compete at the annual MathCounts Competition in February.</p> <p>SPONSOR: <u>Jim Miles</u></p>
<p><u>NATIONAL JUNIOR BETA CLUB</u></p>	<p>Beta Club is comprised of 8th grade students. Students qualify as 7th graders by maintaining a 3.7 average for three quarters and completing an application. The purpose of the club is “to lead by serving others.” Students are involved in many charitable and volunteer activities. The club is responsible for Adopt-a-Senior-Day.</p> <p>SPONSORS: <u>Dana Darbyshire and Leah Dworkin</u></p>
<p><u>PARTNERS' CLUB</u></p>	<p>Partners Club is an opportunity for students with disabilities to partner with other junior high kids to build strong relationships through social opportunities and experiences. The group meets after school throughout the school year.</p> <p>SPONSORS: <u>Stephanie Surblis and Krissia Ennis</u></p>
<p><u>PBL / DESIGN THINKING</u></p>	<p>The PBL club is designed for creative students interested in project-based learning. In this unique student-driven approach to learning, students will go through an extended process of inquiry in response to a complex, real-world problem.</p> <p>SPONSOR: <u>Kimberly Jarvis</u></p>
<p><u>R.A.T.T. Pack</u></p>	<p>(Running All The Time) Come run with Mrs. Dworkin! All students are welcome, as they will be running at a conversational pace. Have fun, meet new friends, or condition for Spring sports. R.A.T.T. Pack runs twice a week from mid-January through mid-March.</p> <p>SPONSOR: <u>Leah Dworkin</u></p>
<p><u>SKI CLUB</u></p>	<p>Ski Club meets 4 Thursdays in January. If there is a cancellation, the makeup date will be in February. Buses leave the Junior High at 3:30 pm and return at 8:50pm. Students pay for a discounted ski pass, rental equipment if needed, and bus fee. Ski Club travels to Perfect North Slopes and is open to any 7th and 8th grade student of any ability level. A mandatory, virtual meeting for all new members will be held in October. Returning members may pick up their packet from Ms. Meyer starting at the end of October. Ski Club paperwork</p>

	<p>turn-in is in the beginning of November during recess, in the gym. Lessons are required for beginners. Helmets are <u>REQUIRED</u> for all!</p> <p>SPONSORS: Lisa Meyer and Heather Swensen</p>
<p><u>STUDENT COUNCIL</u></p>	<p>Student Council is made up of a body of selected representatives from the 7th and 8th grade based upon an application and interview process. We are a service organization that assists the school and the community. We help our representatives become responsible leaders amongst their peers. Each month the students brainstorm, plan, and execute a project based on a particular monthly theme. Previous activities include: an Operation Give Back collection drive, canned food drive, the NCAA style pop tabs tournament to support Ronald McDonald House, teacher appreciation, the creation of an 8th-grade end-of-the-year video, and more. Students are expected to be able to make a time commitment to this organization.</p> <p>SPONSORS: Lesli Lally and Theresa Manning</p>
<p><u>SYCAMORE JUNIOR HIGH THEATRE</u></p>	<p>If a student loves the theater or wants to learn more about theater, this is the group. The SJH Theatre is entrusted to put on the productions for the year. Usually, we have two productions a year, one in October/November and another in March/April. Every other year a major musical is undertaken. The students involved work both on and off stage to secure a successful show- publicity, techs, actors, assistant to the Director and stage/assistant manager. There are normally anywhere from 15 to 100 students. **The 2022/2023 school year, we will perform at the High School Auditorium!**</p> <p>SPONSOR: Tess Rosen</p>
<p><u>SYCAMORE SINGING COMPANY</u></p>	<p>SSC is an opportunity for students who thrive on performing, especially through singing and dancing. The group performs at all Sycamore Junior High concerts and throughout the community. SSC meets on Tuesdays and some Thursdays. Students must audition and purchase a costume.</p> <p>SPONSOR: Jesse Callahan and Polly Savage</p>
<p><u>TECHNOLOGY CLUB</u></p>	<p>Would you like to explore the concepts of engineering and the design process, production software, 3D printing, robotics, computer hardware and MakerSpace applications? If so, then the Technology Club is for you. The goal of the Technology Club is to engage students in the investigation of technology in a hands-on, fun way.</p> <p>SPONSORS: Ben Brenner and Chris Gutermuth</p>
<p><u>WE THE PEOPLE</u></p>	<p>This academic club is either by invitation of your history teacher, or voluntary if you have an interest in government, American history, and law. This club does not begin until late February/early March and ends with our State Competition at the end of May. It meets after school twice a week and does require small groups to get</p>

	<p>together on their own to prepare for the Competition. This will be a “simulated congressional hearing” activity in which your group will prepare “arguments” and “debates” around a specific topic of the Constitution, law/case, or American History event. This “hearing” will be held in Columbus, Ohio in front of a panel of judges. Numbers are limited to 36 participants.</p> <p>SPONSORS: Phil Hammer and Chris Gutermuth</p>
<u>YEARBOOK</u>	<p>Do you love to take photos? Do you like meeting new people, going to athletic events, school dances and pep rallies? Would you like to learn about your camera? If you answered yes to any of these questions you would be perfect for Yearbook Club. One of the best things about Yearbook Club is that if your are busy after school with homework, sports or clubs you can still participate by taking pictures and submitting them to Mrs. Speelman. We will have one general meeting at the beginning of the year and then Yearbook Club members are encouraged to jump right in and start clicking. Don't worry if you don't own a digital camera. Yearbook Club has cameras that can be signed out during the school day. If you miss the first meeting just drop by room 246.</p> <p>SPONSOR: Melissa Speelman</p>



How to Meet the Needs of Students with Medical Condition participating in After School Activities

Parent's Responsibilities for after School Activities

- Tell the coach/sponsor the student has medical issue which requires monitoring/medication.
- Tell the nurse the student is involved in after school activity. If sport starts in early August call and leave a message on the school nurse's phone stating your child's name, the medical condition, and medication needed for the medical condition
- Discuss with student the need to safely carry and dispose of supplies to treat medical condition.
- Provide school nurse with signed orders from physician stating student is to carry own medication. If the sport starts in August give a copy of the medication order to the coach and give the original to the nurse when school starts.
- Develop with the student an emergency plan to care for self if activity requires them to be a distance from coach/sponsor (i.e. Cross country, skiing, staying after school for study group). This plan should identify a buddy who is familiar with the medical condition and knows when and how to call for assistance if student unable to treat self.

Students Responsibilities for after School Activities

- Introduce self to coach and discuss with them your medical issue, monitoring, food, or medication that will be needed during sports activity.
- Discuss with coach/sponsor where medication/ supplies will be kept during practice/game.
- Discuss with coach/sponsor / nurse emergency plan to care for self if activity requires them to be a distance from coach (i.e. Cross country, skiing, staying after school for study group). This plan should identify a buddy who is familiar with the medical condition and knows when and how to call for assistance if student unable to treat self. A good rule of thumb is to have at least **two** people who are with you to know what your medical condition is and the necessary treatment and when to call 911.
- Wear medical alert bracelet which identifies medical condition.
- Responsibly and safely carry and dispose of supplies to treat medical condition.
- Tell coach/sponsor / buddy where you are carrying medication on self in case coach/sponsor /buddy needs to access medication.

Nurse's Responsibilities for after School Activities

- Instruct coach/sponsor in any medical procedure which they may be required to perform in a medical emergency after being informed by parent of student's participation in an activity.
- Check that appropriate orders
- have been written to include student's ability to carry medication
- Discuss with parents and student emergency plan to care for self if activity requires them to be a distance from coach (i.e. Cross country, skiing, staying after school for study group). This plan should identify a buddy who is familiar with the medical condition and knows when and how to call for assistance if student unable to treat self. A good rule of thumb is to have at least **two** people who are with you to know what your medical condition is and the necessary treatment and when to call 911.

Coaches'/ Sponsors' Responsibilities for after School Activities

- Meet with nurse to learn needed medical care.
- Assist student in identifying safe/accessible place to keep needed medical supplies during activity.
- Identify where student is carrying medication if carrying on self.
- Insure that a trained adult is on the bus with the student with medical issues in case emergency care is needed.

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Art Club	TBD
Boy Choir	Deborah Stein, Jesse Callahan
FIRST Tech Challenge (FTC) Robotics Team	Jessie Hartley, Kim Jarvis
French Club	Leah Hunt
International Club	Mika Wolfford
Intramural Basketball	Jennifer Buckner
Intramural Golf	Lisa Meyer
Jazz Ensemble	Jordan VonWahlde
Math Club	Jim Miles
National Junior Beta Club	Dana Darbyshire, Leah Dworkin
Partners' Club	Stephanie Surblis, Krissia Ennis
PBL/Design Thinking	Kim Jarvis
R.A.T.T. Pack (Running)	Leah Dworkin
Ski Club	Lisa Meyer, Heather Swensen
Student Council	Lesli Lally, Theresa Manning
Sycamore Junior High Theatre	Tess Rosen
Sycamore Singing Company	Jesse Callahan, Polly Savage
Technology Club	Ben Brenner, Chris Gutermuth
We The People	Phil Hammer, Chris Gutermuth
Yearbook Club	Melissa Speelman