

Bullying

...

**Sycamore Community
Schools**

What Touches Your Heart

“If Everyone Cared Video”

<http://www.youtube.com/watch?v=K8Dkv8J7nQs&feature=fvsr>

What is bullying?

Any unprovoked and intentional written, verbal, electronic or physical act that a student has exhibited toward another particular student more than once.

When someone is bullied...

- **Causes mental or physical harm to the other student;**
- **Is severe, persistent or pervasive that it creates an intimidating, threatening or abusive educational environment for the other student.**
- **Harassment and intimidation includes violence within a dating relationship.**

When is it bullying?

**Bullies are successful
when there is an
imbalance of power.**

**The power can be physical,
emotional or social.**

Bullying vs. Conflict

Bullying isn't a form of conflict

- Conflict implies two parties who are more equal and the people involved engage with each other. Conflict is not one sided.**

When does bullying become harassment?

Harassment occurs when a student is the target of threatening, disturbing or unwelcome behaviors because of a legally protected characteristic, such as disability, actual or perceived sexual orientation, gender or race.

Types of Bullying

Physical

Verbal

Relational

Cyber

Physical

punching	poking	strangling
suffocating	pinching	shoving
hitting	biting	spitting
hair pulling	finger bending	cornering
stabbing	excessive tickling	burning
poisoning	ripping out pierced jewelry	shooting

Cyberbullying

- **Bullying done online with e-mail, text messaging, Instant Messaging, chat rooms, Tweeting and/or cell phones.**
- **There is no face-to-face confrontation and most feel they cannot be held accountable.**

Stop! Block! Tell!

Bullying Quiz

Fact or Fiction?

- **People who bully are insecure and have low self-esteem.**
- **Bullying usually occurs when there are no other students around.**
- **Bullying often resolves itself when you ignore it.**
- **Only boys bully.**
- **Spreading rumors is a form of bullying.**
- **All children will outgrow bullying.**

•Reporting bullying will make the situation worse.

• Teachers often intervene to stop bullying.

•Nothing can be done at schools to reduce bullying.

How a Bullying Victim Might Feel or Act

- **Have higher risk of depression and anxiety**
- **Increased feelings of sadness and loneliness**
- **Changes in sleep and eating patterns**
- **Loss of interest in activities**
- **Have increased thoughts about suicide**
- **Are more likely to have health complaints.**
- **Have decreased academic achievement**
- **Are more likely to miss, skip, or drop out of school.**
- **Are more likely to retaliate through extremely violent measures.**

The Potential Future of a Bully

- **Have a higher risk of abusing alcohol and other drugs.**
- **Are more likely to get into fights, vandalize property, and drop out of school.**
- **Are more likely to have criminal convictions and traffic citations as adults.**
- **Are more likely to be abusive toward their romantic partners, spouses or children as adults.**

WHO ARE YOU?

ROLE PLAY

Bullying Roles

- **The Bully**: Start the bullying and take an active part
- **Followers/Henchmen**: Take an active part but do not start the bullying
- **Supporters/Passive Bully**: Support the bullying but do not take an active part

Bullying Roles

cont'd

- **Disengaged Onlookers**: Watch what happens but do not take a stand
- **Possible Defenders**: Dislike the bullying and think they ought to help but do not
- **Defenders of the Victim**: Dislike the bullying and help or try to help the victim
- **Victim**: The one who is the target of the bullying behavior.

How a bully victim might feel or act:

- Have higher risk of depression and anxiety**
 - **Increased feelings of sadness and loneliness**
 - **Changes in sleep and eating patterns**
 - **Loss of interest in activities**
- Have increased thoughts about suicide**
- Are more likely to have health complaints.**
- Have decreased academic achievement**
- Are more likely to miss, skip, or drop out of school.**
- Are more likely to retaliate through extremely violent measures.**

The Potential Future of a Bully:

- Have a higher risk of abusing alcohol and other drugs.**
- Are more likely to get into fights, vandalize property, and drop out of school.**
- Are more likely to have criminal convictions and traffic citations as adults.**
- Are more likely to be abusive toward their romantic partners, spouses or children as adults.**

Taking Charge: Tips for the victim

- **Don't argue with the bully**
- **Stand up for yourself but do not retaliate**
- **Do not suffer in silence.**
- **Talk about the bullying with adults you trust.**
- **Follow the school reporting procedure**

Taking Charge: Tips for Bystanders

- **The bystander has a responsibility to assist the victim.**
- **Silence equals agreement with the bully**
- **Talk about the bullying with adults you trust.**
- **Follow the school reporting procedure**
- **Don't become part of the problem!**

Reporting an Incident

- **Report the incident to an adult at school including counselor, SRO, teacher, administrator, bus driver, etc....**
- **You need to report the incident to a school staff member as quickly as possible.**
- **Every effort will be made to maintain confidentiality in the reporting process.**

On-Line Reporting Form

Harassment, Intimidation, and Bullying Incident Reporting Form

Sycamore Community Schools does not tolerate harassment, intimidation or bullying of any student on district property or at any school-sponsored event. For purposes of this report, the terms "harassment, intimidation or bullying" means any unprovoked and intentional written, verbal, electronic or physical act that a student has exhibited toward another particular student more than once and the behavior both: 1) causes mental or physical harm to the other student; and 2) is sufficiently severe, persistent or pervasive that it creates an intimidating, threatening or abusive educational environment for the other student (Sycamore Board of Education Policy JFCF). Although it may not be possible to anonymously make a report, every effort will be made to maintain the confidentiality of the reporter. Deliberate false reporting of bullying, harassment and intimidation incidents is prohibited.

* Required

Name of alleged victim *

Grade *

Kindergarten

1

2

3

4

5

6

7

8

9

10

11

12

School Consequences

Policy can be found on the website.

“The Board does not tolerate hazing, harassment, intimidation or bullying of any student on District property or at any school-sponsored event, regardless of whether the event occurs on or off District property (including on school buses and other school-related vehicles). Students who engage in such behavior are subject to disciplinary action, including suspension or expulsion from school. The Board's commitment to addressing such prohibited behavior involves a multi-faceted approach, which includes education and the promotion of a school atmosphere in which hazing, harassment, intimidation, dating violence and/or bullying will not be tolerated by students, staff or administration.”

Discipline Consequences

HARASSMENT/BULLYING/INTIMIDATION/DATING VIOLENCE:

A student should never speak, write, wear, or gesture insults toward another student based on race, religion, sex, handicap, national origin or any other reason.

(See District Harassment, Intimidation and Bullying Policy.)

Consequences for a violation of any rule in Category III will be:

1st Offense – 3--5 Days Out- of- School Suspension

**2nd Offense – 5--10 Days Out- of- School
Suspension**

**3rd Offense – 5--10 Days Out- of- School
Suspension with possible Recommendation for
Expulsion**

Legal Consequences

- **Menacing ORC 2903.22 M-4 (\$250/30 Days)**
- **Telecommunications Harassment ORC 2917.21 M-1 (\$1000/6mths)**
- **Pandering Obscenity Involving a Minor ORC 2907.32 F-2 (8 yrs/\$15,000/Sexual Predator)**

RESPECT
RESPONSIBILITY
OPPORTUNITY

[http://www.youtube.com/watch?
v=r0U0AILVqpk](http://www.youtube.com/watch?v=r0U0AILVqpk)