



COVID-19 Daily Parental/Guardian Checklist

Instructions: Students must undergo a symptom check prior to coming to school or participating in an event. Please select Y=Yes and N=No and record on the sheet. If any questions below can be answered “YES”, please keep your child home and contact the school. (We encourage families to print off a copy and keep handy for ease of reference. We do not ask for this form to be submitted to school.)

	No	Yes
Please record the temperature here _____. If your temperature is more than 100.0 F in the last 72 hours, you may not participate in school or school activities. <i>Please make sure that your child has not received fever-reducing medication within the past 24 hours.</i>	<input type="checkbox"/>	<input type="checkbox"/>
Has your child been exposed to someone with COVID-19 in the past 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
Does your child feel ill?	<input type="checkbox"/>	<input type="checkbox"/>
Does your child have any of the following:		
Cough (<i>unrelated to a chronic condition such as asthma or allergies</i>)	<input type="checkbox"/>	<input type="checkbox"/>
Shortness of breath or difficulty breathing	<input type="checkbox"/>	<input type="checkbox"/>
Chills or Fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Muscle or body aches	<input type="checkbox"/>	<input type="checkbox"/>
Congestion or runny nose (<i>unrelated to a chronic condition such as asthma or allergies</i>)	<input type="checkbox"/>	<input type="checkbox"/>
Sore throat	<input type="checkbox"/>	<input type="checkbox"/>
Headache (<i>unrelated to chronic condition, such as migraines</i>)	<input type="checkbox"/>	<input type="checkbox"/>
New loss of taste or smell	<input type="checkbox"/>	<input type="checkbox"/>
Nausea	<input type="checkbox"/>	<input type="checkbox"/>
Vomiting (unidentified cause, unrelated to anxiety or eating)	<input type="checkbox"/>	<input type="checkbox"/>
Diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Other healthy habits to complete daily before school: (When complete, check yes)		
Clean high touch electronic devices (cell phones and Chromebooks) with a disinfectant wipe and a soft cloth. How to clean a Chromebook. https://www.youtube.com/watch?v=uwr_xN1XKyA	<input type="checkbox"/>	<input type="checkbox"/>
Student should have 1-2 clean face masks to bring to school in backpack	<input type="checkbox"/>	<input type="checkbox"/>